



GLUTEN FREE MENU

651.426.3558

1190 County Road J
White Bear Township
MN 55127

orchid-restaurant.com

appetizers

Spicy Oyster Wings Spicy chicken wings sautéed in oyster sauce.
(8) \$6.75

Grilled Sesame Beef † Skewered marinated beef. Marinade: sesame seed, lemon grass and honey. (2) \$6.25

soups & salads

All soups garnished with cilantro and green onions

Salad † A refreshing blend of sliced cucumbers, carrots, lettuce, daikon and sliced hard boiled eggs. Garnished with peanuts. Served with shrimp chips.
Chicken \$8.75 Shrimp \$9.50 Combination \$10.95

Phở Rice noodles in broth. Served with bean sprouts, basil, lime. Without hoisin sauce. Chicken or Meat Balls \$8.25 Beef \$8.75 Combination \$9.25

Shrimp and Asparagus Soup Shrimp, asparagus and eggs in a lightly seasoned broth. Large serving \$8.25

Vietnamese Salad † *Gỏi Ngó Sen* Shrimp and chicken, shredded carrots, daikon and lotus roots. Garnished with peanuts. Served with shrimp chips. \$9.25

Chicken Noodle Soup Shredded chicken breast, bean thread noodles, bean sprouts, cilantro and lime. \$8.25

noodles & rice

Fried Rice † Rice, carrots, peas, bean sprouts, onions and eggs.
Chicken \$9.25 Shrimp \$10.25 BBQ Pork \$9.25

Hao Nhi's Chow Fun Wide rice noodles with bean sprouts and onions.
Pork \$11.25 Chicken \$11.75 Beef \$12.25 Shrimp \$12.75 Combo of 2 \$13.25

Spicy Singapore Noodles Steamed rice noodles sautéed with carrots, bean sprouts, pea pods, eggs, onions and bamboo shoots with Spicy Curry Sauce. BBQ Pork \$10.75 Chicken \$11.25 Beef \$11.75 Shrimp \$12.75

Saigon Rice Noodles *Bún Thịt Nướng* Steamed rice noodles, cucumbers, daikon, carrots, lettuce and bean sprouts sprinkled with roasted peanuts and cilantro. Stir Fried Beef or Chicken \$10.25 Grilled Shrimp \$9.50

Pad Thai Stir fried rice noodles with eggs, carrots, napa, bean sprouts, cabbage, basil and onions topped with peanuts.
Pork \$11.25 Chicken \$11.75 Beef \$12.25 Shrimp \$13.25 Combo of 2 \$14.25

vegetarian entrees

Spicy Tofu or Mock Duck Curry, lemon grass, onions and chili pepper. Served with Jasmine rice. Tofu \$10.25 Mock Duck \$11.25

Saigon Rice Noodles Rice noodles, cucumbers, carrots, lettuce and bean sprouts. Sprinkled with roasted peanuts and cilantro.
Tofu \$8.75 Mock Duck \$9.75

Annie's Favorite Stir Fry † Tofu, tomato, celery, onions, broccoli, and pineapple. Served with Jasmine rice. \$9.25

Fried Rice † Rice with eggs, vegetables. \$8.25

Pad Thai Stir fried mixed vegetables, and egg with rice noodles. \$10.25

When ordering from our gluten free menu you
MUST INDICATE your order as gluten free.

orchid specialties

All items served with steamed Jasmine Rice

Cassoulet Egg Plant Roasted egg plant and onion, stir fried with scallops, calamari and shrimp. \$17.95

Lúc Lác Beef Tenderloin beef - cubed, onions and egg with Oyster Sauce and crispy potatoes. \$15.25

Imperial Prawns † Prawns with mushrooms, celery, bamboo shoots and coconut cream with a Spicy Thai Sauce. \$16.95

Deep Fried Sea Bass Hand-battered sea bass and mushrooms, onions and ginger with Black Bean Sauce. \$18.75

French Garlic Prawns Whole prawns hand-battered and sautéed with butter and garlic. Served on a bed of lettuce. \$16.95

Steamed Sea Bass with Ginger † Tender light sea bass with ginger strips, green onions and Soy Sauce. \$17.25

Salt and Pepper Lightly battered whole prawns, calamari or tofu sautéed with salt, pepper and onions. Prawns or Calamari \$16.95 Tofu \$11.75

Vietnamese Tamarind Prawns † *Tôm Rang Me* Lightly fried prawns sautéed in a sweet and sour Tamarind Sauce. \$17.95

Special Thai Basil † Stir fried bell peppers, celery, mushrooms, bamboo shoots, coconut cream and Thai basil with Spicy Thai Sauce.
Chicken \$14.25 Beef \$14.75 Shrimp \$15.95

Vietnamese Crepe † *Bánh Xèo* Delicate crepe with shrimp, onions and bean sprouts. Served with lettuce and fresh mint. Chicken or Pork \$9.25

entrees

All entrees served with steamed Jasmine Rice

Sweet and Sour † Hand-battered chicken, pork or shrimp, bell peppers, carrots, onions and pineapple with a traditional Sweet and Sour Sauce.
Chicken \$11.75

Snappy Honey † Sugar snap peas, julienne carrots stir fried in garlic, soy sauce, honey, sesame. Pork \$12.25 Chicken \$12.75 Beef \$13.25 Shrimp \$14.25

Khang's Favorite Chicken in Orange Peel Sauce † Hand-battered chicken breast sautéed in Orange Peel Sauce. \$12.25

Toasted Sesame † Hand-battered chicken or shrimp with special sauce and toasted sesame seed topping. Served on lettuce and crispy noodles.
Chicken \$11.75

Spicy Lemon Grass Chicken Marinated dark chicken meat stir fried with white and green onions, lemon grass and chili pepper. \$13.25

Ginger Chicken Marinated dark chicken meat sautéed with julienne, ginger and onions. With Ginger Sauce. \$13.25

Sautéed Beef with Fried Potato French inspired recipe from Saigon. Tender sliced beef and potato with white and green onions. \$11.95

Mongolian Beef Sliced tenderloin beef with white and green onions and rice wine. \$13.25

Pineapple Delight Pineapple, bell pepper, tomato, onion and celery.
Pork \$12.25 Chicken \$12.75 Beef \$13.25 Shrimp \$14.25

Annie's Favorite Stir Fry † Tofu, tomato, celery, mushrooms, broccoli and pineapple with Sweet and Sour Sauce. Pork \$10.25 Chicken \$10.75 Beef \$11.25 Shrimp \$12.25

Curry Chicken Sliced chicken, mushrooms, white and green onions, and egg. With Coconut Curry Sauce. \$11.95

Spicy Szechwan With julienne cut vegetables: celery, carrots, onions and bamboo shoots. Pork \$11.75 Chicken \$12.25 Beef \$12.95 Shrimp \$13.75 Combo of 2 \$14.25

Spicy Cashew Hand-battered chicken, pork or shrimp, bell pepper, pineapple, with Spicy Sauce. Chicken \$13.25

† does not contain MSG | *Prices subject to change without notice